

The Facts About Acupuncture

As the oldest established medical science, principles of patient care have remained unaltered for thousands of years. Acupuncture medical literature continually collects information for clinical application based on a line of commentary from the earliest writings. Obviously, no additional findings have changed original health concepts, which demonstrates a completely different history of science when compared to Western medicine.

The System of Energy

Ancient Chinese wisdom grew aware of a dimension consisting of integrated, invisible forces that also function in the blood circulation.

Knowledge of this energy provided answers for health maintenance as well as the evaluation and correction of disease. The energy called QI (pronounced Ch'i) is the system of vital energy whose disharmony affects the physical aspects of the body.

Acupuncturists evaluate and treat disorders through a system in the body never discovered by Western medicine. It exists as a complex of flowing energy.

Diagnosis

In order to properly treat with acupuncture, a Chinese medical diagnosis must be made. This is done through the patient's self-description of complaints and a physical examination. The disorders within the Qi system are reflected in symptom patterns and observation of signs. Since acupuncture practitioners understand the physiology and pathology of Qi, they understand the contributing factors of the disease process.

Treatment

The goal of treatment aims toward an ailment cure or a correction by adjusting functions of energy. Chinese medicine believes in quality of life at any age and condition. As long as there are workable internal connections, there are areas for corrective therapy.

Chinese Medicine

Many often refer to acupuncture as synonymous for Chinese medicine. Although this has gained acceptance, there are actually four key specialties that comprise Chinese medicine. They are:

- Acupuncture
- Herbology
- Massage therapy
- Food therapy

All attend to illness with the same medical practices and all treat local and systemic disorders. They are grouped as specialties, but each treats the entire body.

"We use only painless sterile disposable needles."

About Us

Dr. Fleischman has been associated with acupuncture since the early 1970's. He made a career change from a conventional medical



background thus earning two doctorate degrees in medicine, Doctor of Podiatric Medicine and Oriental Medical Doctor. After completing studies at the China Institute of Acupuncture, his training continued at the Guangdong Provincial Hospital of Traditional Chinese Medicine in Guangzhou, China. Many courses of study were taken in America that included Advanced Acupuncture Pathology; in addition he participated in a fifteen-year preceptorship and association with Dr. Ki-Kun Wan of Beijing, China.

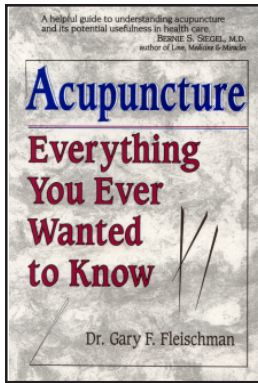
As a writer for both the general public and health professionals, Dr. Fleischman holds membership in the American Medical Writers Association. His book Acupuncture: Everything You Wanted to Know is sold throughout the United States and England. His article in the American Journal of Acupuncture on the treatment of cystic fibrosis became a standard acupuncture guide for the disease.

Private and State Universities have invited Dr. Fleischman to speak as a guest lecturer for many years. Students on the high school level with interests in a health career also enjoy presentations on acupuncture. He appears on local radio and television talk shows and before private and medical organizations.

A founder of the Connecticut Acupuncture Association, he was selected Chairman of the Connecticut Board of Acupuncture and Oriental Medicine. Dr. Fleischman was also accepted as a member of the American Association of Oriental Medicine. He received the "Excellence in Acupuncture Award" for an annual edition of Outstanding American Acupuncturists and became an Honored Member in the National Directory of Who's Who.

Book Review

“This easy-to-read book answers questions (in a Q&A format) a consumer may have about acupuncture. It also provides an excellent introduction to traditional Chinese medicine (TCM) and draws interesting analogies between Chinese and Western medicine.” – Copyright 1999 Cahners Business Information, Library Journal



“A helpful guide to understand acupuncture and its potential usefulness in health care.”
– Bernie S. Siegel, M.D., *Love, Medicine, Miracles*

“A well-written timely book which addresses the most common concerns and questions asked about acupuncture yet provides insight and information that even the seasoned Holistic practitioner will appreciate and enjoy.”
– Jerry L. Ainsworth, Ed. D., MPH, LLM,
Director Holistic Health Institute, SCSU

“Dr. Fleischman’s book fills an important void in today’s health community. It provides answers to the most frequently asked questions about acupuncture and Chinese medicine, in thorough but easy-to-understand terms.”
– Dwight C. Byers, *President, International Institute of Reflexology*

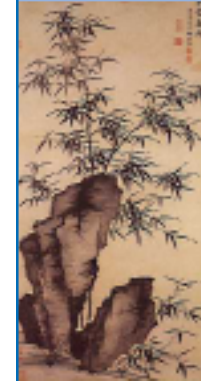
After thousands of years of continued research and patient care, acupuncture proves to be safe and effective. It is the second most used primary health service in the world. In America, acupuncture is rapidly growing to meet the needs of ailing populations.

Services

Some of the many problems treated with Acupuncture are:

- Allergies
- Anemia
- Arthritis
- Asthma
- Bladder Disorders
- Colitis
- Common Cold
- Coronary Artery Disease
- Constipation
- Depression
- Diabetes
- Diarrhea
- Digestive Ailments
- Ear Disorders
- Eye Disorders
- Fever
- Gastritis
- Headache
- Hemorrhoids
- Hernia
- Hypertension
- Hyperthyroidism
- Impotence
- Infection, Bacterial and Viral
- Jaundice
- Kidney Disorders
- Low Back Pain
- Menopause Disorders
- Menstrual Disorders
- Neck Pain
- Nerve Diseases
- Nervous Tension
- PMS
- Pneumonia
- Prostate Problems
- Sciatica
- Skin Problems
- Stop Smoking
- Stroke
- Weakness of Back and Limbs

Acupuncture Health Services of New Haven



“Naturally restoring health by regulating your body’s energy.”

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